

prioritize safety: what you can do to prevent fall injuries.



wear proper clothing

- use the correct footwear (i.e., CSA approved safety shoes/boots, anti-slip soles)
- ensure clothing is well fitted; avoid loose or baggy garments that could pose a hazard



clean your workspace

- clean up spills and messes immediately
- close cabinets and drawers when they're not in use
- sweep up debris such as sawdust or leftover materials frequently
- keep workspaces unobstructed and free of clutter



be aware of your surroundings

- keep an eye on your environment throughout the day (i.e., accumulated cardboard boxes, surfaces becoming slippery, etc.)
- adjust your stride according to the material you're walking on
- make wide turns and leave plenty of room when passing someone
- avoid carrying materials in a way that obstructs your view



employer safe work practices

- taping or tacking rugs or mats so they lie flat and do not slide
- clearly marking areas that pose a tripping hazard (i.e., uneven stairs)
- covering or taping down cords that pose a tripping hazard
- installing non-slip flooring in areas where slips are common (i.e., abrasive paint coatings or rubberized mats)
- providing adequate lighting in work areas, replacing light bulbs as needed

Although your employer is responsible for providing a safe environment, you have a duty to report unsafe conditions.



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