

essential safety rules for your workplace.



complete your health and safety training

New employees should complete health and safety training during onboarding.

Tenured employees should stay current on their annual training requirements.



always follow safety guidelines

Rules exist to protect you! Follow them. If you don't know the rules, ask your supervisor or an experienced coworker.



watch out for one another

Young and inexperienced workers have the highest risk of injury. Shadow experienced workers until you're comfortable completing tasks on your own.



always wear your gear

Your gear exists to keep you safe. Always use gloves, safety glasses, steel-toed footwear, and any other personal protective equipment (PPE) as required.

Don't cut corners.



identify and report hazards immediately

Before you start working, check your workstation. Is everything operating correctly?

If you have any concerns, share them with your supervisor.



when in doubt, ask questions

If you're not comfortable completing a task you've been assigned for any reason, don't hesitate to ask an experienced coworker for guidance.



report every injury

No matter how minor your injury seems, report it to your supervisor. Employers need to be aware of hazards so they can correct them.



randstad

partner for talent.